

2010 Orange County Powerlifting Championship Results June 5th 2010

Female Raw 3 Lift

KATTIA PORRETTA 105 - 198.41 - 143.30 - 220.46 - 562.17
BILLIE JO BROWN 148 - 220.46 - 104.72 - 253.53 - 578.70

Raw Bench Only Female

OLGA CERESNAK - 132 - 154.32
DENISE OCTAVE - 132 - 126.76
UTA HERBERT - 132 - 77.16
ELLA BRYANT - 165 - 82.67
ROBIN GOLDSTIEN - 181 - 99.21

Raw Male 3 Lift

TED RASMUSSEN - 148 - 330.69 - 214.95 - 440.92 - 986.56
CHRISTOPHER SMITH - 148 - 303.13 - 198.2 - 402.34 - 903.67
VADIM VILENSKY - 181 - 314.16 - 264.55 - 380.29 - 959.00
LADDIE GIBSON - 181 - 165.35 - 165.35 - 165.35 - 496.05
TROY GIBSON - 198 - 165.35 - 165.35 - 165.35 - 496.05
STEVEN ROY - 220 - 429.90 - 347.22 - 562.17 - 1339.29

Male Open 3 Lift

JAMES GOLEMBIESKI - 165 - 501.55 - 358.24 - 501.55 - 1361.34
DANIEL GHEBRETZADICK 165 - 485.01 - 314.16 - 468.48 - 1267.64
RAY BRUNK - 220 - 628.31 - 473.98 - 573.20 - 1675.44
DAVID NEWKIRK 220 - 584.22 - n/l

Male Ironman Raw

GLEN HOLODNIAC - 220 - 286.6 - 584.22 - 870.80
MICHAEL CACECI 220 - 259.04 - 418.87 - 677.91

Male Ironman Open

DEREK NELLIS - 314.16 - 424.39 - 738.54

Male Open Bench Only

CHETRAM MAHGRA 148 - 225.97
PAT CARROLL - 181 - 363.76
DARREN NEMOW 198 - 429.90
TROY LEHER 242 - 523.59
RICH KRUSZELY 242 - 385.81
GLEN HALEY 242 - n/l
BRAD KLINGER 275 - n/l
JOHN BOGART SHW - 677.91
KEVIN JOHNSON SHW - 606.27